# CHILD AND FAMILY SERVICES ADVISORY COMMITTEE MINUTES January 15, 2009

**PRESENT:** Joe Vitale, Sara Carpenter, Michelle DuBord, Ron Pupp, Faith Holley-Beal, Jim Aker, Ed Cohen, Diane Ripple, Missy Kueht-Becker, Antwayne Robertson, Sarah Matson, Jim Pearson

STAFF PRESENT: Antwayne Robertson, Jesus Mireles, Peter Slesar

Jim Pearson called the meeting to order at 8:35 a.m.

# APPROVAL OF MINUTES

Joe Vitale made a motion, seconded by Sara Carpenter to approve the minutes of November 20, 2008. The motion was voted on and carried.

# **BOARD LIAISON REPORT**

Joe Vitale provided a written report. He also made mention of an article in the Waukesha Freeman on the Workforce Development Center and how they are very busy these days. Also of interest is a newly introduced bill, which will expand health insurance coverage to cover the treatment of Autism, Asperger's syndrome, and pervasive developmental disorders not otherwise specified for all insured persons.

#### ISSUE SEGMENT – LAWRENCE CENTER OPIATE ABUSE PROGRAM

Jim Aker is a Chemical Dependency Counselor with the Lawrence Center. He talked about opiate dependence and prescription drug abuse. Jim has been working at the Lawrence Center for the past 17 years. Over the years he has seen a few different waves of drugs come through the center for both detox, primary alcohol, and when crack cocaine first began. Over the last 5 years the center has seen opiate dependency and detox admissions. These individuals are usually young and high risk.

Jim touched on the disease itself, diagnostic code 304.0, which is caused by exposure to the drug over time. The disease usually runs on the male side in families, and if exposed early in life, youth may develop dependence later on due to social pressure, etc.

In years past, Oxycontin pain medication has been over prescribed by physicians post surgical to overmedicate pain symptoms. At that time, Oxycontin was also readily available, and it was not unusual for physicians to prescribe 180 mg of Oxycontin. Now, the preference is for morphine and some are even going to heroin injections. The Lawrence Center has seen young adults involved with the IV heroin and the Lawrence Center may be developing a clean needle program soon. Jim talked about some of the main withdrawal indicators, the detox program to treat this illness, and the relapse rate is 90% at twelve months across the country. This is a devasting illness.

The Lawrence Center is also collaboratively developing contracts with providers on the Suboxone medication treatment for opiate withdrawal symptoms. Suboxone has been shown to be very effective when individuals are in treatment, and it is a blocker for other drugs as well.

Jim will be presenting a community education session entitled "What's in Your Medicine Cabinet: Teens and Prescription Medicine Abuse" on February 3, 2009 from 7:00 – 8:30 p.m. at the Waukesha North High School auditorium.

A question and answer period followed.

#### **REVIEW NEEDS LIST**

A subcommittee needs to be identified. Volunteers thus far are Diane Ripple, Ron Pupp, Faith Holley-Beal, Missy Kueht-Becker, Sara Carpenter, Peter Slesar, Antwayne Robertson, Jesus Mireles and Jim Pearson as Chair. The first meeting will be January 30<sup>th</sup>, 12 noon at the Addiction Resource Council. If you are interested in volunteering, please contact Jim Pearson.

# ISSUES COMMITTEE REPORT

The 2009 Issues Segment was distributed to all. For the July 16, 2009 meeting, Diane Ripple, Co-chair, will conduct the meeting in Jim's absence.

# **ANNOUNCEMENTS**

Sara Carpenter with Wisconsin Community Services shared information and brochures about the programs and services that are implemented within the agency. Wisconsin Community Services is a large non-profit agency with multiple divisions providing court services, pretrial drunk driving, prescreening, alcohol treatment court, home detention, mediation and restorative justice, the SCRAM program, etc., all with the focus on helping individuals and families to be successful in the community.

The next session on "Get Your Loved One Sober" will be held on February 2, 2009, 5:30 p.m. at the Addiction Resource Council.

# **NEXT MEETING**

The next meeting will be held on February 19, 2009 at 8:30 a.m. in the Board Room of the Human Services Center.

# **ADJOURNMENT**

The meeting adjourned at 10:05 a.m.	
Approved on(Date)	